

# COVID-19 GUIDELINES

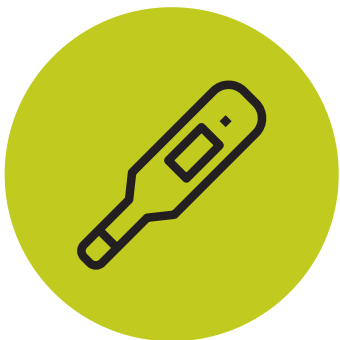
**REDEFINE:RVA**  
PERSONAL BEST TRAINING



If you're sick, experiencing symptoms or think you've been exposed to COVID-19, please **do not** enter the building.



Masks are required **at all times** while inside our facility.



We administer a temperature check and health screening upon entry.



Frequent handwashing and sanitizing is encouraged.



Maintain a **minimum of 10 feet** of physical distance from other patrons at all times.

ReDefineRVA is in compliance with all state guidelines for cleaning and sanitizing our space and equipment and fully supports enforcing the above guidelines.